

# Allergy and Asthma Specialist of Northeast Louisiana™

Joseph V. Giannobile, M.D., APMC

**THIS IS A LIST OF MEDICATIONS THAT HINDER ALLERGY SKIN TESTING.**

**IF YOU DO NOT SEE A MEDICATION THAT YOU TAKE ON THIS LIST AND HAVE QUESTIONS ABOUT IF THE MEDICATION IS AN ANTIHISTAMINE, PLEASE ASK YOUR PHARMACIST.**

- The following medications must be stopped for **AT LEAST 5 DAYS** prior to skin testing :  
(\*Please consult with your prescribing physician before discontinuing these medications.)

Amitriptyline	Imipramine	Tofranil	Doxepin
Pamelor	Triavil	Elavil	Sinequan

- The following medications must be stopped for **AT LEAST 5 DAYS** prior to skin testing:

Alavert	Brovex	Desipramine	Vistaril
Astelin	Claritin-D	Hydroxyzine	Xyzal
Atarax	Clarinex	Loratadine	Zyrtec
Allegra-D	Claritin	Fexofenadine	
Allegra	Cetirizine	desloratadine	

- The following medications must be stopped for **AT LEAST 72 HOURS** prior to skin testing:

Accuhist	Famotidine	Optivar	Zaditor
Axid	Pepcid	Patanol	Zantac
Cimetidine	Q-Dal	Ranitidine	

- Any other medications that contain **ANTIHISTAMINES** or have antihistamine effects, whether prescription or over-the-counter, need to be stopped for **AT LEAST 2 DAYS** prior to skin testing:

Actifed	Co-Tylenol	Nytol	Rynatuss
Advil cold/sinus	Cyproheptadine	Nyquil	Ru-Tuss
Advil PM	Deconamine	PediaCare	Sine-Off
Alka-Seltzer Plus	Dimetane	Periactin	Sinulin
Allerest	Dimetapp	Phenergan	Sinutab
AlleRx (blue pill)	Diphenhydramine	Pheniramine	Sleep Aids (OTC)
Antivert	Dramamine	Polaramine	Sudafed Plus
Atrohist	Drestan	Promethazine	Tavist
Benadryl	Drixoral	Pyrilamine	Tussionex
Bromfed	Novafed	Rescon	Tylenol Allergy Prep
Chlortrimeton	Kronfed	Rescon MX	Tylenol PM
Chlorpheniramine	Mescolor	Robitussin Cold	Vicks formulas
Contac	Naldecon	Rondec	

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Comtrex	Nolahist	Ryna Liquid	
Coricidin	Nolamine	Rynatan	

## MEDICATIONS THAT DO NOT HINDER ALLERGY SKIN TESTING:

- Nasal and bronchial inhalers (except Astelin-azelastine) **DO NOT** affect skin testing and **MAY BE CONTINUED**.
- Oral allergy and asthma medications that **MAY BE CONTINUED** without affecting testing include:
  - **CORTICOSTEROIDS** (see list below)
  - **BRONCHODILATORS** (see list below)
  - **NASAL DECONGESTANTS** (see list below)
  - **ASTHMA MEDICATIONS** (see list below)

### CORTICOSTEROIDS

Aristocort	Deltasone	Pediapred	Prelone
Celestone	Medrol	Prednisone	
Decadron	Methylprednisolone	Prednisolone	

### BRONCHODILATORS

Albuterol	Metaprel	SloBid	Uniphyll
Alupent	Primatene	Theodur	Xopenex
Aminophylline	MaxAir	Theolair	
BronkAid	Proventil	Theophylline	
Foradil	Serevent	Somophyllin	

### NASAL DECONGESTANTS

Sudafed (plain) – not Plus	Pseudoephedrine (plain)	Phenylephrine
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### ASTHMA MEDICATIONS

Accolate	Azmecort	Pulmicort	QVAR
Advair	Flovent	Singulair	Zyflo
asmanex	Intal	Symbicort	

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